



LA MANGA CLUB

love life

TENNIS
INFORMATION

2012



Adult Academy • Pro Academy • Junior Academy
Benefits • Timetables • Events • Rates



Welcome Day

La Manga Club Tennis Welcome Day

*** Sunday 16.00 Tie Break Terrace**
(Above the tennis reception)

Come and join us for a welcome drink

- Meet the tennis coaching professionals and other key members of the tennis team and from La Manga Club resort.
- Get the latest on restaurant opening times and events that are happening on the resort.
- Register and confirm your place for the week's academies

Also find out:

- The timings and details of what is happening on the Monday and throughout the week.
- When, where and what events are running.

Come and Play
***Pre Welcome Day 14.00 - 16.00**

| | |
|-----------------------------|----------------------------|
| Pre Welcome Day courts only | €15 per hour peak season |
| | €12 per hour medium season |
| | €10 per hour low season |

*Please note that times in the summer months will vary by 1 hour

La Manga Club Tennis

The highly acclaimed La Manga Club Tennis Academy offers a winning combination of on-court coaching led by our enthusiastic team of multilingual, qualified and experienced tennis professionals, with La Manga Club's own unique methodology. La Manga Club is one of the world's finest tennis facilities, having 20 red clay, 4 hard and 4 artificial grass courts in the sublime Mediterranean climate.

James Rose, Director of Tennis Coaching, oversees all academy courses and coaching programmes. James has vast coaching experience, he has travelled extensively with players to many international tournaments. Working at a LTA High Performance Centre in London, UK, as manager of performance women's tennis, he developed a programme to having over 10 WTA ranked players and numerous top international juniors.

Whether you are a complete beginner, a keen amateur, a club player or an aspiring pro, at the La Manga Club Tennis Academy you will receive all the guidance and coaching necessary to bring your game up to the next level.

James and his team look forward to welcoming you to La Manga Club.



La Manga Club Tennis team 2011

Adult Academy

Our famous Adult Academy runs 52 weeks a year and can cater for the advanced player to a beginner at any one time. The La Manga Club Coaching Professionals have the knowledge and experience in delivering dynamic sessions ensuring every player leaves motivated and inspired. We offer a number of programmes to cater for all schedules:

- Our famous Adult Academy 10 hour programme - Monday to Friday 52 weeks
- Gold Academy for the more serious player offering an intensive 5 hour a day, 25 hour a week programme, to include a mix of squad, tactical and match play sessions.
- Our increasingly popular Weekend Warriors course offering an intensive 3 day tennis programme to include group coaching and match play sessions. Friday, Saturday & Sunday.

| SEASON | COURSE | TIME * | OWNERS | RESIDENTS |
|---|-------------------|--|--------|-----------|
| LOW SEASON | Adult Academy | 09.00 - 11.00 | €220 | €245 |
| 01/01/2011 - 31/03/2012 04/11/2012 - 31/12/2012 | Gold | 09.00 - 11.00, 15.00 - 16.00 & 16.00 - 18.00 | €335 | €375 |
| | Weekend Warriors | Friday 11.15 - 13.15 & 16.00 - 18.00 Saturday 11.00 - 13.00 & 16.00 - 18.00 Sunday 09.00 - 11.00 | €180 | €200 |
| MEDIUM SEASON | Adult Academy | 09.00 - 11.00 | €235 | €260 |
| 29/04/2012 - 30/06/2012 02/09/2012 - 20/10/2012 | Gold | 09.00 - 11.00, 15.00 - 16.00 & 16.00 - 18.00 | €355 | €395 |
| HIGH SEASON RATES APPLY DURING HALF TERM JUNE 3RD - 9TH | Weekend Warriors | Friday 11.15 - 13.15 & 16.00 - 18.00 Saturday 11.00 - 13.00 & 16.00 - 18.00 Sunday 09.00 - 11.00 | €190 | €210 |
| HIGH SEASON | Adult Academy | 09.00 - 11.00 | €260 | €290 |
| 01/04/2012 - 28/04/2012 01/07/2012 - 01/09/2012 21/10/2012 - 03/11/2012 | Gold | 09.00 - 11.00, 15.00 - 16.00 & 16.00 - 18.00 | €395 | €445 |
| | *Weekend Warriors | Friday 11.15 - 13.15 & 16.00 - 18.00 Saturday 11.00 - 13.00 & 16.00 - 18.00 Sunday 09.00 - 11.00 | €210 | €235 |

* Weekend Warriors will not run during July and August

** For academies to run, a minimum of 3 people is required

Adult Academy Timetable

10 HOUR ADULT ACADEMY - Our most popular academy course

| | |
|----------------|--|
| 09.00 - 11.00* | The weekly schedule will give players of all levels a comprehensive programme covering the major aspects of the game |
| Monday | Forehand & 1st serve - a mix of specific trolley drills and live ball situations, focusing on technical and tactical aspects |
| Tuesday | Backhand & 2nd serve - a mix of specific trolley drills and live ball situations, focusing on technical and tactical aspects |
| Wednesday | Net play - covering volleys and overheads, focusing on technique, movement and court position |
| Thursday | Transition game and doubles tactics - Featuring the famous La Manga Club demonstration! |
| Friday | Fun Tournament - Review of all concepts and application during the end of the week tournament. |

Each session starts with a tennis specific warm up and a recap of the previous day.
Our resident tennis professionals give a daily shot demonstration during the session.

25 HOUR GOLD ACADEMY - An effective, intense 5 day programme with an in depth focus on technical, tactical and mental aspects of the game

| | |
|----------------|--|
| 09.00 - 11.00* | Adult academy - same as 10 hour programme detailed above. |
| 15.00 - 16.00* | Tactical clinic - Specifically designed programme designed to improve players' patterns of play in both doubles and singles through innovative live ball drills based on shot selection, awareness of defensive, neutral and attacking situations, directional control and mental toughness. |
| 16.00 - 18.00* | Match play - Joining the club afternoon and afternoon tournaments. This will consist of singles and doubles match play throughout the week. |

10 HOUR WEEKEND WARRIORS ACADEMY - The perfect way to improve your game in just one intense weekend.

| | |
|----------------|--|
| Friday | |
| 11.15 - 13.15* | Forehand & 1st serve - a mix of specific trolley drills and and live ball situations, focusing on technical and tactical aspects. Consistency & shot selection - defensive, neutral and attacking skills. |
| 16.00 - 18.00* | Match play / tournament |
| Saturday | |
| 11.00 - 13.00* | Backhand & 2nd serve - a mix of specific trolley drills and and live ball situations, focusing on technical and tactical aspects. Footwork and balance. |
| 16.00 - 18.00* | Match play |
| Sunday | |
| 09.00 - 11.00* | Net play - covering volleys and overheads, focusing on technique, movement and court position. |

* Please note times are subject to change so always check with the tennis reception.

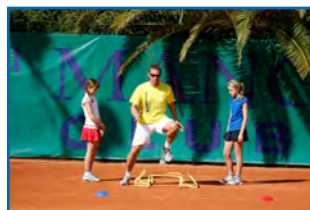
Pro Academy 25 hours per week

The 2012 Pro Academy is designed for players who want to improve their technical, tactical, physical and mental level through an intense 25 hour weekly training programme. Throughout the programme, players will increase their understanding of the game to help them on their way to maximising their potential.

The Pro Academy is an intense training camp, giving an insight to a pro player's training programme. Our coaching team will tailor the programme to the players' technical needs. In addition, the unique La Manga Club Pro Academy enables players to improve their tennis specific fitness.

CTPerf, a reputable tennis specific physical training company, implements the physical programme, on and off court.

The Pro Academy runs from Monday - Friday.



| SEASON | COURSE* | TIME | OWNERS | RESIDENTS |
|---|------------------------|--------------------------------|--------|-----------|
| LOW SEASON | 10 & U (20 hours) | 11.00 - 13.00 16.00 - 18.00 | €295 | €330 |
| 01/01/2011 - 31/03/2012 04/11/2012 - 31/12/2012 | 12 & U 15 & U | 11.00 - 13.00 16.00 - 19.00 | €365 | €400 |
| | 19 & U | 11.00 - 13.00 16.00 - 19.00 | €375 | €420 |
| MEDIUM SEASON | 10 & U * (20 hours) | 11.00 - 13.00 16.00 - 18.00 | €315 | €350 |
| 29/04/2012 - 30/06/2012 02/09/2012 - 20/10/2012 | 12 & U 15 & U | 11.00 - 13.00 16.00 - 19.00 | €385 | €430 |
| HIGH SEASON RATES APPLY DURING HALF TERM JUNE 3RD - 9TH | 19 & U | 11.00 - 13.00 16.00 - 19.00 | €400 | €445 |
| HIGH SEASON | 10 & U * (20 hours) | 11.00 - 13.00 16.00 - 18.00 | €355 | €395 |
| 01/04/2012 - 28/04/2012 01/07/2012 - 01/09/2012 21/10/2012 - 03/11/2012 | 12 & U 15 & U | 11.00 - 13.00 16.00 - 19.00 | €435 | €485 |
| | 19 & U | 11.00 - 13.00 16.00 - 19.00 | €445 | €495 |

*For academies to run, a minimum of 3 people is required

Pro Academy 15 hours per week

The Pro Academy is an intense camp for which a minimum standard of play is required. We reserve the right to move a player into a more suitable coaching programme if this minimum standard is not attained. We will always guarantee to provide coaching for every level and that nobody will be turned away and not offered an alternative, more appropriate coaching programme.

The 15 hour programme allows players to have intensive training during the afternoons. The academy runs Monday to Friday.

Coach to player ratio no more than 1:4



| SEASON | COURSE* | TIME | OWNERS | RESIDENTS |
|--|------------------|---------------|--------|-----------|
| LOW SEASON | 12 & U 15 & U | 16.00 - 19.00 | €280 | €310 |
| 01/01/2011 - 31/03/2012 04/11/2012 - 31/12/2012 | 19 & U | 16.00 - 19.00 | €290 | €325 |
| MEDIUM SEASON HIGH SEASON RATES APPLY DURING HALF TERM JUNE 3RD - 9TH | 12 & U 15 & U | 16.00 - 19.00 | €295 | €330 |
| 29/04/2012 - 30/06/2012 02/09/2012 - 20/10/2012 | 19 & U | 16.00 - 19.00 | €310 | €345 |
| HIGH SEASON | 12 & U 15 & U | 16.00 - 19.00 | €340 | €375 |
| 01/04/2012 - 28/04/2012 01/07/2012 - 01/09/2012 21/10/2012 - 03/11/2012 | 19 & U | 16.00 - 19:00 | €350 | €390 |

*For academies to run, a minimum of 3 people is required

Pro Academy Timetable

The pro academy is designed to improve players clay court tennis. A selection of specific drills, tactics and movement patterns will be implemented during the week.

Our professional coaching team will guide and give feedback throughout the week to ensure effective communication and player development. This makes the programme the most complete option to improve competition tennis.

SUNDAY 17.00 - 19.00

Pro Academy Singles Tournament: (Meet outside the tennis reception)

Registration for all Pro Academy Players.

This tournament allows players to meet fellow squad members and to get familiar with the clay courts and for the coaches to assess the players in terms of playing and physical levels to help with the groupings for the week.

MONDAY

| TIME | | |
|---------------|-----------------------------|---|
| 11.00 - 11.30 | Tennis specific warm up | Groups to be arranged |
| 11.30 - 12.15 | Technical work - trolley | Footwork - high intensity drilling |
| 12.15 - 12.45 | Technical work - live ball | Footwork - live ball points |
| 12.45 - 13.00 | Tactical - 1st serve | Footwork - serve and 3rd ball |
| 16.00 - 16.15 | Tennis specific warm up | Physical and tennis |
| 16.15 - 17.00 | Tactical - consistency | Backcourt - no unforced errors |
| 17.00 - 17.45 | Tactical - consistency | At the net |
| 17.45 - 18.00 | Live points | Points built around consistency |
| 18.15 - 19.00 | Physical | Agility/quickness |

TUESDAY

| TIME | | |
|---------------|-----------------------------------|---|
| 11.00 - 11.30 | Tennis specific warm up | Physical and tennis |
| 11.30 - 12.15 | Technical work - trolley | Forehand - tailored technical work |
| 12.15 - 12.45 | Technical work - live ball | Forehand - live ball drills |
| 12.45 - 13.00 | Tactical - return of serve | Forehand - use on return of serve |
| 16.00 - 16.15 | Tennis specific warm up | Physical and tennis |
| 16.15 - 17.00 | Tactical - change of direction | Backcourt - consistency |
| 17.00 - 17.30 | Tactical - change of direction | Shot selection - using the court |
| 17.30 - 18.00 | Live points | Points built around 1st serve |
| 18.15 - 19.00 | Physical | Specific interval training |

Please note
that all groups are
organised on
Monday on court.

WEDNESDAY

| TIME | | |
|---------------|------------------------------------|---|
| 11.00 - 11.30 | Tennis specific warm up | Physical and tennis |
| 11.30 - 12.15 | Technical work - trolley | Backhand - tailored technical work |
| 12.15 - 12.45 | Technical work - live ball | Backhand - live ball points |
| 12.45 - 13.00 | Tactical - 2nd serve | Serve direction and use of spin |
| 16.00 - 16.15 | Tennis specific warm up | Physical and tennis |
| 16.15 - 17.00 | Mental - tough drill session | Unique drilling rotation - mental toughness |
| 17.30 - 18.00 | Tactical - mental toughness | Match play - different tactical situations |
| 18.15 - 19.00 | Physical | Core-strength |

THURSDAY

| TIME | | |
|---------------|----------------------------|---|
| 11.00 - 11.30 | Tennis specific warm up | Physical and tennis |
| 11.30 - 12.00 | Technical work - trolley | Net play - volley & movement |
| 12.00 - 12.30 | Technical work - live ball | Net play - live ball drills |
| 12.30 - 13.00 | Tactical - doubles | Patterns of play, working as a pair |
| 16.00 - 16.15 | Tennis specific warm up | Physical and tennis |
| 16.15 - 17.00 | Tactical - transition | Coming forward & using the net |
| 17.00 - 18.00 | Match play | Points - effective clay court tennis |
| 18.15 - 19.00 | Physical | Specific footwork/speed |

FRIDAY

| TIME | | |
|---------------|---------------------------|--|
| 11.00 - 11.30 | Tennis specific warm up | Physical and tennis |
| 11.30 - 11.45 | Technical work - serve | Specific to individual needs |
| 11.45 - 12.00 | Technical work - return | |
| 12.00 - 13.00 | Clay court tactics | Open points, live ball drills & points |
| 16.00 - 16.15 | Tennis specific warm up | Physical and tennis |
| 16.15 - 16.30 | Physical - trolley | |
| 16.30 - 18.00 | Tournament | Davis Cup format |
| 18.15 - 19.00 | Physical | Games - movement/co-ordination |

The week concludes with a final review and presentation

Junior Academy U19 - U12

The Junior Academy runs from Monday to Friday offering group coaching for all ages and abilities. We cover all major aspects of the game, delivered through a structured programme at the appropriate intensity for the group. Our team of highly qualified teaching professionals make tuition fun and competitive.



| SEASON | COURSE * | TIME ** | OWNERS | RESIDENTS |
|---|----------|---------------|--------|-----------|
| LOW SEASON | 12 & U | 11.00 - 13.00 | €185 | €205 |
| 01/01/2011 - 31/03/2012 04/11/2012 - 31/12/2012 | 15 & U | 11.00 - 13.00 | €185 | €205 |
| | 19 & U | 11.00 - 13.00 | €190 | €210 |
| MEDIUM SEASON | 12 & U | 11.00 - 13.00 | €195 | €215 |
| 29/04/2012 - 30/06/2012 02/09/2012 - 20/10/2012 | 15 & U | 11.00 - 13.00 | €195 | €215 |
| HIGH SEASON RATES APPLY DURING HALF TERM JUNE 3RD - 9TH | 19 & U | 11.00 - 13.00 | €200 | €225 |
| HIGH SEASON | 12 & U | 11.00 - 13.00 | €215 | €240 |
| 01/04/2012 - 28/04/2012 01/07/2012 - 01/09/2012 21/10/2012 - 03/11/2012 | 15 & U | 11.00 - 13.00 | €215 | €240 |
| | 19 & U | 11.00 - 13.00 | €225 | €250 |

*For academies to run, a minimum of 3 people is required

** Times may vary, please confirm with the tennis centre reception

Junior Academy U9's



New & improved programme

Following the official guidelines of the International Tennis Federation (ITF), we are delighted to introduce 'tennis 10s: Slower Balls, Smaller Courts, Easy Game.'

Using slower balls will help players to develop the most efficient technique and to implement advanced tactics that in most cases could not be performed using the yellow ball on the full court.

Our La Manga Club coaches will ensure a fantastic, fun tennis experience that allows young or inexperienced players to learn the skills and tactics of tennis and actually play the game quickly.

5-8 yrs using foam or felt balls played on a smaller court

8-9 yrs orange ball 50% slower than a yellow ball, played on a slightly smaller court

9 yrs green ball 25% slower; played on a full size court

| SEASON | COURSE* | TIME | OWNERS | RESIDENTS |
|--|---------------------|---------------|--------|-----------|
| LOW SEASON 01/01/2011 - 31/03/2012 04/11/2012 - 31/12/2012 | Red Ball (6 & U) | 15.00 - 16.00 | €95 | €105 |
| | Orange Ball (8 & U) | 09.00 - 11.00 | €175 | €195 |
| | Green Ball (9 & U) | 09.00 - 11.00 | €175 | €195 |
| MEDIUM SEASON 29/04/2012 - 30/06/2012 02/09/2012 - 20/10/2012 HIGH SEASON RATES APPLY DURING HALF TERM JUNE 3RD - 9TH | Red Ball (6 & U) | 15.00 - 16.00 | €100 | €110 |
| | Orange Ball (8 & U) | 09.00 - 11.00 | €185 | €205 |
| | Green Ball (9 & U) | 09.00 - 11.00 | €185 | €205 |
| HIGH SEASON 01/04/2012 - 28/04/2012 01/07/2012 - 01/09/2012 21/10/2012 - 03/11/2012 | ** Red Ball (6 & U) | 15.00 - 16.00 | €110 | €125 |
| | Orange Ball (8 & U) | 09.00 - 11.00 | €205 | €230 |
| | Green Ball (9 & U) | 09.00 - 11.00 | €205 | €230 |

*For academies to run, a minimum of 3 people is required

**Red Ball 6yrs & U 15.00-16.00 all year round except for July and August when it will be 18.00 - 19.00

Please confirm all times with the tennis centre reception.

Academy Benefits

In order to help you reach your full potential during your time at La Manga Club, every player who attends the Adult/Junior academies will be entitled to the following benefits, providing you with a unique opportunity to tailor your own programme.

Benefits to all during all seasons

- Welcome & farewell drinks
- Sunday welcome day
- Use of gym, sauna, jacuzzi at the tennis centre
- Daily stroke demonstration
- 10% discount at the pro shop

Tennis Groups:
Special, superb value
rates available on
request

| SEASON | BENEFIT/ SPECIAL RATE | OWNERS | RESIDENTS |
|---|-----------------------|--------|-----------|
| LOW SEASON | Private lessons | €30 | €35 |
| 01/01/2011 - 31/03/2012 04/11/2012 - 31/12/2012 | Tournaments | €5 | €5 |
| | Tennis court hire | €10 | €12 |
| MEDIUM SEASON | Private lessons | €35 | €40 |
| 29/04/2012 - 30/06/2012 02/09/2012 - 20/10/2012 | Tournaments | €10 | €10 |
| HIGH SEASON RATES APPLY DURING HALF TERM JUNE 3RD - 9TH | Tennis court hire | €14 | €16 |
| HIGH SEASON | Private lessons | €40 | €45 |
| 01/04/2012 - 28/04/2012 01/07/2012 - 01/09/2012 21/10/2012 - 03/11/2012 | Tournaments | €15 | €15 |
| | Tennis court hire | N/A | N/A |
| | *Weekend Warriors | €180 | €200 |

* Please note Weekend Warriors will not take place during July and August

Events

The full programme detailed below, is operational during peak periods. At certain times of the year, not all the events will be running.

For tournaments please confirm your place early to avoid disappointment.

For all events and timings please check with the tennis reception before arrival.



Adult Events

| DAY | TIME ** | DETAILS | PRICE |
|-----------|-----------------|---|-------|
| Sunday | 16.00 - 17.00 | Welcome Day * - Introduction to the week | Free |
| Monday | 16.00 - 18.00 | Club Afternoon, a great way to meet new players | €20 |
| | 18.15 - 19.00 | Cardio Tennis | €18 |
| Tuesday | 16.00 - 18.00 | Paddle Club Afternoon | €18 |
| | 16.00 - 19.00 | Ladies Doubles Tournament | €23 |
| | 18.15 - 19.00 | Cardio Tennis | €18 |
| | 20.00 till late | Summer Family BBQ | TBC |
| Wednesday | 16.00 - 19.00 | Mixed Doubles Tournament | €23 |
| | 18.15 - 19.00 | Cardio Tennis | €18 |
| Thursday | 16.00 - 19.00 | Men's Doubles Tournament | €23 |
| | 18.15 - 19.00 | Cardio Tennis | €18 |
| Friday | 16.00 - 18.00 | Club Afternoon, social play to end the weeks' tennis | €20 |
| | 19.00 - 20.30 | Exhibition Match - see the La Manga Club Professionals in action! | Free |

Junior Tournaments and Events

| DAY | TIME ** | DETAILS | PRICE |
|----------|-----------------|---|-------|
| Sunday | 16.00 - 17.00 | Welcome Day * - Introduction to the week | Free |
| | 17.00 - 19.00 | Pro Academy Tournament | €20 |
| Monday | 16.00 - 18.00 | 12 & Under Tournament | €20 |
| Tuesday | 20.00 till late | Summer Family BBQ | TBC |
| Friday | 16.00 - 18.00 | 6 & U - Fun Games | €10 |
| | 17.00 - 19.00 | 9 & U - Green Ball Tournament | €14 |
| | 19.00 - 20.30 | Exhibition Match - see the La Manga Club Professionals in action! | Free |
| Saturday | 09.00 - 12.00 | U 15 & U 12 Tournament | €20 |

* Welcome day begins at 17.00 in July and August

** Times may vary by 1 hour depending on the season

Rates 2012

| COACHING | LOW SEASON 01/01/2012 - 31/03/2012 04/11/2012 - 31/12/2012 | | MEDIUM SEASON *29/04/2012 - 30/06/2012 02/09/2012 - 20/10/2012 | | HIGH SEASON 01/04/2012 - 28/04/2012 01/07/2012 - 01/09/2012 21/10/2012 - 03/11/2012 | |
|---|--|----------|--|----------|--|----------|
| | OWNER | RESIDENT | OWNER | RESIDENT | OWNER | RESIDENT |
| ADULT ACADEMY ** | | | | | | |
| Adult Academy (10 hours) | €220 | €245 | €235 | €260 | €260 | €290 |
| Gold Academy (25 hours) | €335 | €375 | €355 | €395 | €395 | €445 |
| Weekend Warriors (10 hours) | €180 | €200 | €190 | €210 | €210 | €235 |
| JUNIOR ACADEMY ** | | | | | | |
| 19 & U (10 hrs per week) | €190 | €210 | €200 | €225 | €225 | €250 |
| 12, 15 & U (10 hrs per week) | €185 | €205 | €195 | €215 | €215 | €240 |
| 9 & U Green (10 hrs per week) | €175 | €195 | €185 | €205 | €205 | €230 |
| 8 & U Orange (10 hrs per week) | €175 | €195 | €185 | €205 | €205 | €230 |
| 6 & U Red (5 hrs per week) | €95 | €105 | €100 | €110 | €110 | €125 |
| PRO ACADEMY ** | | | | | | |
| 19 & U (25 hrs per week) | €375 | €420 | €400 | €445 | €445 | €495 |
| 12, 15 & U (25 hrs per week) | €365 | €400 | €385 | €430 | €435 | €485 |
| 10 & U (20 hrs per week) | €295 | €330 | €315 | €350 | €355 | €395 |
| 19 & U (15 hrs per week) | €290 | €325 | €310 | €345 | €350 | €390 |
| 12, 15 & U (15 hrs per week) | €280 | €310 | €295 | €330 | €340 | €375 |
| INDIVIDUAL COACHING (45mins) | | | | | | |
| without academy max 2 people | €35 | €40 | €40 | €45 | €45 | €50 |
| with academy max 2 people | €30 | €35 | €35 | €40 | €40 | €45 |

* During June Half Term 3rd - 9th June 2012 high season rates will apply

** For academies to run, a minimum of 3 people is required

All prices above are per person (except for individual coaching).

La Manga Club enforces a strict payment policy that requires all academies and lessons to be paid in full before the start of the academy/lesson. Thank you for your co-operation.

La Manga Club reserves the right to make any changes without prior notice.

LOW SEASON
01/01/2012 - 31/03/2012
04/11/2012 - 31/12/2012

MEDIUM SEASON
*29/04/2012 - 30/06/2012
02/09/2012 - 20/10/2012

HIGH SEASON
01/04/2012 - 28/04/2012
01/07/2012 - 01/09/2012
21/10/2012 - 03/11/2012

| COURT & FACILITIES | OWNER | RESIDENT | OWNER | RESIDENT | OWNER | RESIDENT |
|--|-------|----------|-------|----------|-------|----------|
| COURT HIRE | | | | | | |
| Tennis court (per hour) | €16 | €18 | €20 | €22 | €22 | €26 |
| Paddle court (per hour) | €14 | €16 | €16 | €18 | €20 | €24 |
| Squash court (30 mins) | €8 | €10 | €10 | €12 | €12 | €15 |
| Bowling (per person/ per game) | €10 | €12 | €13 | €15 | €15 | €18 |
| Gym & Spa | €8 | €10 | €10 | €12 | €12 | €15 |
| Lights per hour | €5 | €5 | €5 | €5 | €5 | €5 |
| WEEKLY TICKETS * | | | | | | |
| Tennis - 2 hours per day, 1 court | €200 | €225 | €225 | €245 | - | - |
| Gym & Spa | €45 | €60 | €60 | €70 | €70 | €80 |
| RACKET SERVICE | | | | | | |
| Tennis racket for 1 hour | €3 | €4 | €4 | €5 | €5 | €6 |
| Junior tennis racket for 1 hour | €2 | €3 | €3 | €4 | €4 | €5 |
| Squash racket 1/2 hour | €2 | €3 | €3 | €4 | €4 | €5 |
| Paddle racket for 1 hour | €2 | €3 | €3 | €4 | €4 | €5 |
| RACKET RESTRINGING | | | | | | |
| Babolat & Wilson Synthetic/ Polyester | €25 | €28 | €27 | €30 | €30 | €35 |
| Babolat & Wilson Premium Syn/Poly | €30 | €33 | €32 | €35 | €35 | €40 |
| Restring with strings provided | €15 | €18 | €18 | €20 | €20 | €25 |
| Re-grips | Free | Free | Free | Free | Free | Free |
| OTHER | | | | | | |
| Crazy golf child | €4 | €5 | €5 | €6 | €6 | €7 |
| Crazy golf adult | €7 | €8 | €8 | €9 | €9 | €10 |

These services and facilities cannot be booked in advance by non residents.

For private clubs and groups, special bespoke packages can be arranged. Please contact the tennis reception for more details.



LA MANGA CLUB

love life

What to do now

1. Choose your programme/s
2. Call the tennis centre reception on 968 17 5000 Ext 1666 or email at tennis@lamangaclub.com
3. Book your academy
4. Send payment to La Manga Club
5. Your place will be confirmed via email when payment has been received

We look forward to welcoming you

La Manga Club Tennis Centre · 30389 · Cartagena · Murcia · Spain

Tel: +34 968 17 5000 Fax: +34 968 17 5124

tennis@lamangaclub.com www.tennis.lamangaclub.com

Follow us on [facebook.com/lamangaclub](https://www.facebook.com/lamangaclub)